



TRAINING GUIDE

GOAL: Know when your dog needs to be challenged, when to ease up and make things easier, or when it's time to stay right where you are. Use the below table to help guide you in your training.

EXAMPLE If you ask your dog to "sit" and 5/5 times they sit quickly, then it's time to challenge them. If however, they only sit once or twice out of 3 times then your dog is confused and you need to ease up and make it easier.

	Successes
Challenge	5/5
Stay	3/5
Ease Up	2/5

USE OF THE 4D'S: Distance, Distraction, Duration, and Diversity can all be adjusted to challenge OR ease up on your dog. For example, always begin teaching a new skill in a low distraction environment.