



## New Puppy Schedule (<6mo)

**Schedules** create consistency with potty training which accelerates the process and reduces accidents. It also ensures your puppy gets the rest he/she needs to grow, along with proper mental and physical exercise.

- Puppies need ~18hrs of sleep per day according to the American Kennel Club.
- Puppies will eat 3x a day and usually need to go to the bathroom 15min-1hr after eating/drinking, waking from a nap, after playing or any change in activity.
- Puppies should be let out to potty at a minimum every 3-4hrs, but usually more frequently.
- Try to incorporate (2) 10-20min walks/day and also (2) 10-20min training sessions/day.

7:00a Wake up 🌞  
Potty  
Eat/Drink

7:30a Walk 🚶

8:00a Potty  
Nap in crate/pen 🛌

9:30a Potty  
Play outside or with other household dogs  
Chew toy 🦴 (see recommended products on resources tab on website)

11:00a Potty  
Nap in crate/pen 🛌

12:30p Potty  
Train 10-20min  
Eat/Drink

1:30p Potty  
Nap in crate/pen 🛌

3:00p Potty  
Walk 🚶  
Train 10-20min

4:30p Potty  
Nap 🛌

6:00p Potty  
Eat/Drink  
Play 🎾 (fetch, tug, etc)

7:00p Potty  
Nap 🛌

8:00p Potty  
Chew toys 🦴 (see recommended products under resources tab on website)  
Snuggle/wind down

9:00p Potty  
Bed in crate for the night 🛏

Maggie Bixler  
Maggiescanineconnection@gmail.com  
785.633.4939

